

The most commonly experienced COVID-19 symptoms are:

- Cold symptoms (such as a stuffy nose, runny nose, sneezing, sore throat);
- Coughing
- Shortness of breath
- Temperature or fever
- Sudden loss of sense of smell and/or taste (without a stuffed nose)

See RIVM

You must self-isolate if:

- In addition to mild symptoms, your roommate also has a fever and/or shortness of breath;
- You have been flagged by the GGD or by an infected individual as having been in close contact with someone who tested positive for COVID-19;
- You travelled from a code orange region

See Rijksoverheid.

